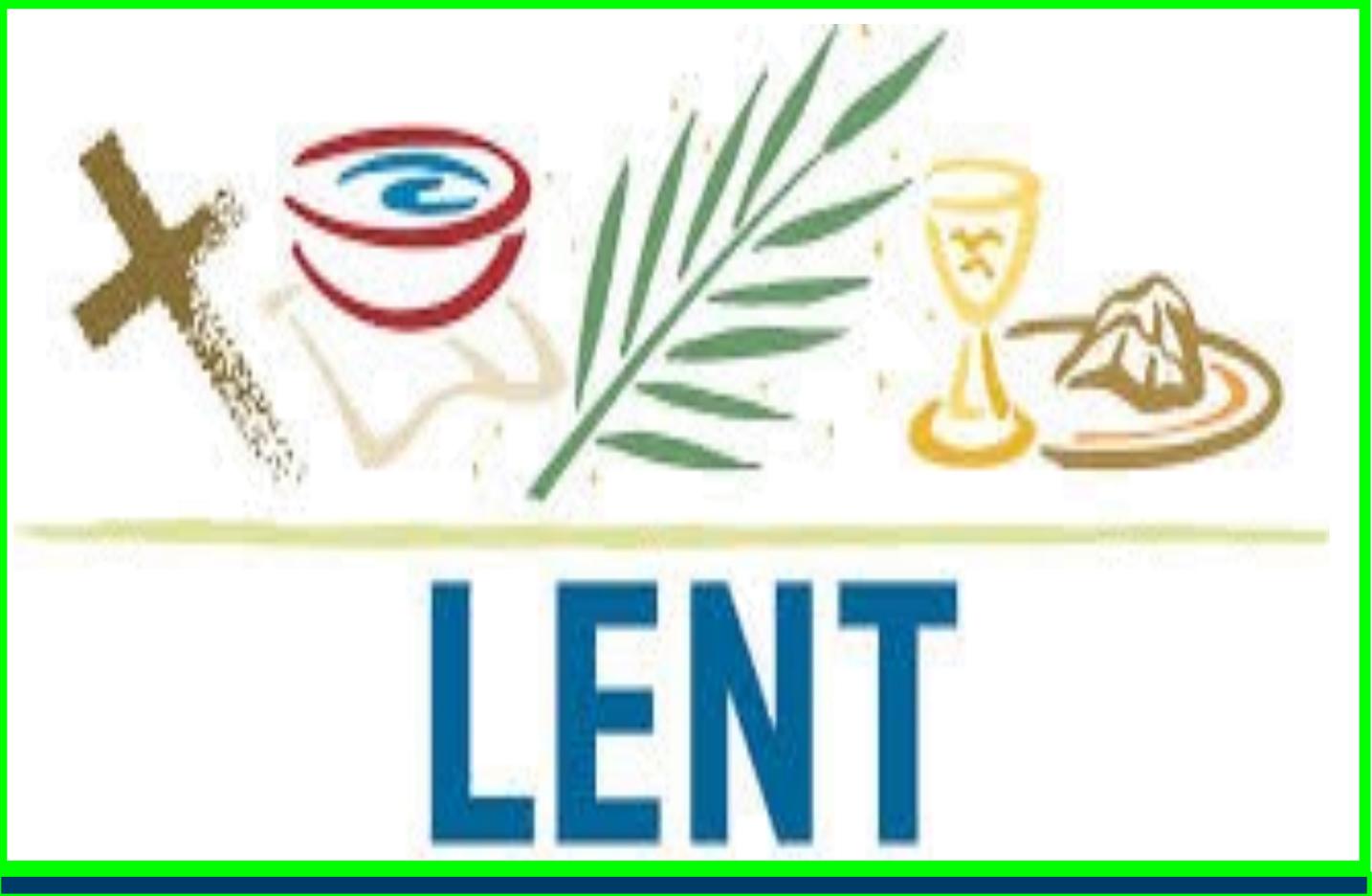




MARCH
2026



THE
EPISTLE



Holy Week

Palm Sunday - March 29, 2026 - 10:00 A.M.

Holy Wednesday - April 1, 2026 - 12:10 P.M.

Maundy Thursday - April 2, 2026 - 6:30 P.M.

Good Friday - April 3, 2026 - 12:00 P.M.

The Easter Vigil - April 4, 2026 - 6:30 P.M.

Easter Sunday - April 5, 2026 - 8:00 & 10:00 A.M



711 South Saginaw St.
Flint, Michigan 48502

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A Note from Tom



Another month, another pastoral letter from Presiding Bishop Sean Rowe:

“Here in the United States, we awoke this morning with alarm to the news that the United States and Israel have launched a large military strike on Iran. This violent attack comes despite weeks of negotiations that many of us had hoped would prevent armed conflict in this fragile region, which is home to so many religious traditions and faithful people.”

For me, it is impossible to reconcile the principles of Christ with offensive war. If a nation is attacked and seeks to defend itself, this is quite different. But a war in which one country – in this case *our* country – simply attacks another country to destroy its military does not, in my opinion, jive with the teachings of Jesus.

Bishop Rowe’s letter continues:

“As news reports tell us of fear and panic in Iran, I ask you to pray especially for the people of the Diocese of Iran and for all of the Iranian people. In recent weeks, we have mourned as the regime in Iran has killed peaceful protesters, and watched with alarm at both its increasing repression of the Iranian people and the escalating response of the U.S. government. As Christians who follow a Prince of Peace, we mourn that today’s attacks will surely mean further hardship for the most vulnerable Iranians and, as retaliation inevitably follows, suffering that will spread across the entire region.”

"I'm not happy with the fact that they're not willing to give us what we have to have," [Trump] said. "I'm not thrilled with that."

Let us pray.

Eternal God, in whose perfect kingdom no sword is drawn but the sword of righteousness, no strength known but the strength of love: So mightily spread abroad your Spirit, that all peoples may be gathered under the banner of the Prince of Peace, as children of one Father; to whom be dominion and glory, now and for ever. Amen.

With every blessing...

Tom+



Presiding Bishop Sean Rowe



Holly's Notes



O Sacred Head Now Wounded - "This hymn text is often attributed to Bernard of Clairvaux, a French abbot and founder of the Cistercian Order in the early twelfth century. In certain medieval orders, monks would spend hours meditating upon the crucifix. They would mentally divide the body of Christ into parts and meditate on each part respectively. Bernard (some think it was medieval poet Arnulf of Louvain) wrote a poem of fifty lines for each part of Christ's body - his feet, hands, side, breast, heart, and head, and called it, "A rhythmic prayer to any one of the members of Christ suffering and hanging on the Cross" ('members' here refers to body parts). Bernard's prayer to Christ's head was the text hymnist Paul Gerhardt translated into German in the seventeenth century, and from which we have the English translation, "O Sacred Head, Now Wounded." Just as Bernard would meditate on the crucifix, so too does this text call us to remember the wounded and broken body of Christ as He suffered for us. It is not an activity we can ever particularly enjoy doing, but in the midst of reflecting on this in sorrow, we find buried, beneath our grief and shame, a pearl of joy; we can call this Savior, "though despised and gory," our own. He suffered because of His love for us; we remember because of our love for Him." from Hymnary.org

1 O sacred Head, now wounded,
with grief and shame weighed down,
now scornfully surrounded
with thorns, Thine only crown.
O sacred Head, what glory,
what bliss till now was Thine!
Yet, though despised and gory,
I joy to call Thee mine.

2 What Thou, my Lord, hast suffered
was all for sinners' gain;
mine, mine was the transgression,
but Thine the deadly pain.
Lo, here I fall, my Savior!
'Tis I deserve Thy place;
look on me with Thy favor,
vouchsafe to me Thy grace.

3 What language shall I borrow
to thank Thee, dearest Friend,
for this, Thy dying sorrow,
Thy pity without end?
O make me Thine forever!
And should I fainting be,
Lord, let me never, never
outlive my love for Thee.

4 Be near when I am dying,
O show Thy cross to me!
And, for my succor flying,
come, Lord, to set me free:
these eyes, new faith receiving,
from Thee shall never move;
for he who dies believing
dies safely in Thy love.

I typically do not meditate often, maybe this is a Lenten practice I should ascribe to during this season. This hymn is so incredibly poetic and beautiful, it would be a good place to start a meditation practice with.

[O Sacred Head, Now Wounded \(Tune: Passion Chorale - 4vv\) \[with lyrics for congregations\]](#)

Director of Music,
Holly Richardson



Continuing Our Work as Lectors

*Lift Up Our Prayers of
the People*

March 7, 2026

10:00-11:00 AM

St. Paul's Episcopal Church
711 S. Saginaw Street, Flint



St. Paul's Artwalk

St. Paul's monthly Artwalk will be Friday, March 13th at 6:00 p.m.
Come out and enjoy wonderful fellowship along with great art.

Featured artist: Jeneil Wright-Applegate

"Painting and jewelry design take me on a journey of seeing the beauty and textures of life. I am in wonder of the colors that nature provides. I create impressionistic and abstract paintings to express freedom. All of my art is meant to share the joys of creativity with others."



Jeneil Wright-Applegate developed her appreciation for the arts through her antique and interior design business experiences, coupled with a fascination of color and her desire to bring the joy of color to others. Feeling the connection between creativity and emotion inspired Jeneil to pursue a career in painting.

She has studied under renowned artists Beverly Danks, Mary Ann Beckwith, Kathleen Conover, Pat Ford, Paul Leville, Eric Slayton and others. Jeneil has exhibited in galleries and art shows throughout Michigan; she is a member of Greater Flint Art Council, FIA founder, member of FOMA Fenton Art Guild and many other art organizations. Her paintings are housed in private collections throughout the United States.

Jeneil works from her studio on Lobdell Lake in Linden, Michigan. She lives there with her husband Bob and their two Standard Poodles. Her wearable jewelry combines natural gemstones with crystals, glass, pearls, sterling silver, copper and pewter to bring together the beautiful textures of nature in unique designs.

Family Promise

Family Promise of Mid Michigan would like to thank all of the donors, volunteers and supporters of St. Paul's Episcopal Church. With one of our smallest budgets in years we were able to serve 500 children in 172 families that needed our help to stay housed, fed, and stable. We are grateful for your support and help in our ministry! May God Bless You All!

Peace, Love, and Housing,

Tiffani M. Wharry (Ferrier), MSCTE
Pronouns: her/hers/she
Executive Director
Family Promise of Mid Michigan
Serving Genesee and Lapeer County
(P) 810-234-9444
(C) (810) 964-0188
<https://linktr.ee/familypromiseofgc>
<https://www.facebook.com/FamilyPromiseOfGeneseeCounty/>



Families seeking services - please go to <http://bit.ly/helpfpgc>

SHIP Families may find our intake at <http://bit.ly/shippisd>

Communities of Faith

March 2026



Hello everyone!

This past month went by far more quickly than January did, and I don't think it was only because there were three fewer days. I submitted a grant this week to the Community Foundation of Greater Flint to bring a Shower and Laundry Truck to Flint for our community, if we get that grant expect to see some more information about that over the next few months.

A small group of us went to the Flint Institute of Arts (free on Saturdays and free to Genesee County residents always) to view their Gateways exhibit that features pieces from the Key Collection - Eric Key is an artist and professor at the University of Maryland with an extensive collection of art by members of the African diaspora. If you missed out on this opportunity, there's an opportunity to visit the contemporary Anishinaabe exhibit at the Detroit Institute of Art on March 21st.

This past month we held a peace vigil at the beginning of the month, continuing our growing tradition of recognizing the things going on in the world and addressing them with prayers while directing people to actions that they can also take and participate in. On Palm Sunday at the end of the month, there will be an opportunity for those who wish to witness and join a march - 3PM in Lansing. As details are worked out, I will do my best to keep the congregation updated. Including a planning meeting sometime before Palm Sunday.

As always, if you have questions, comments, concerns, or want to just sit down and talk, my email is rayna@stpaulschurchflint.com and you can also find me in the middle office from 10-3 on Tuesday and Wednesday. If you have a picture or event for the website or the bulletin screens, please feel free to email them to me as well.

	Need	Request	Given	Total Requested	Total Given
Rayna	Housing	\$390.00	\$390.00	\$6,388.95	\$2,043.00
	Water	\$536.30	\$236.30	\$6,925.25	\$2,279.30
	Water	\$582.78	Resources*	\$7,508.03	\$2,279.30

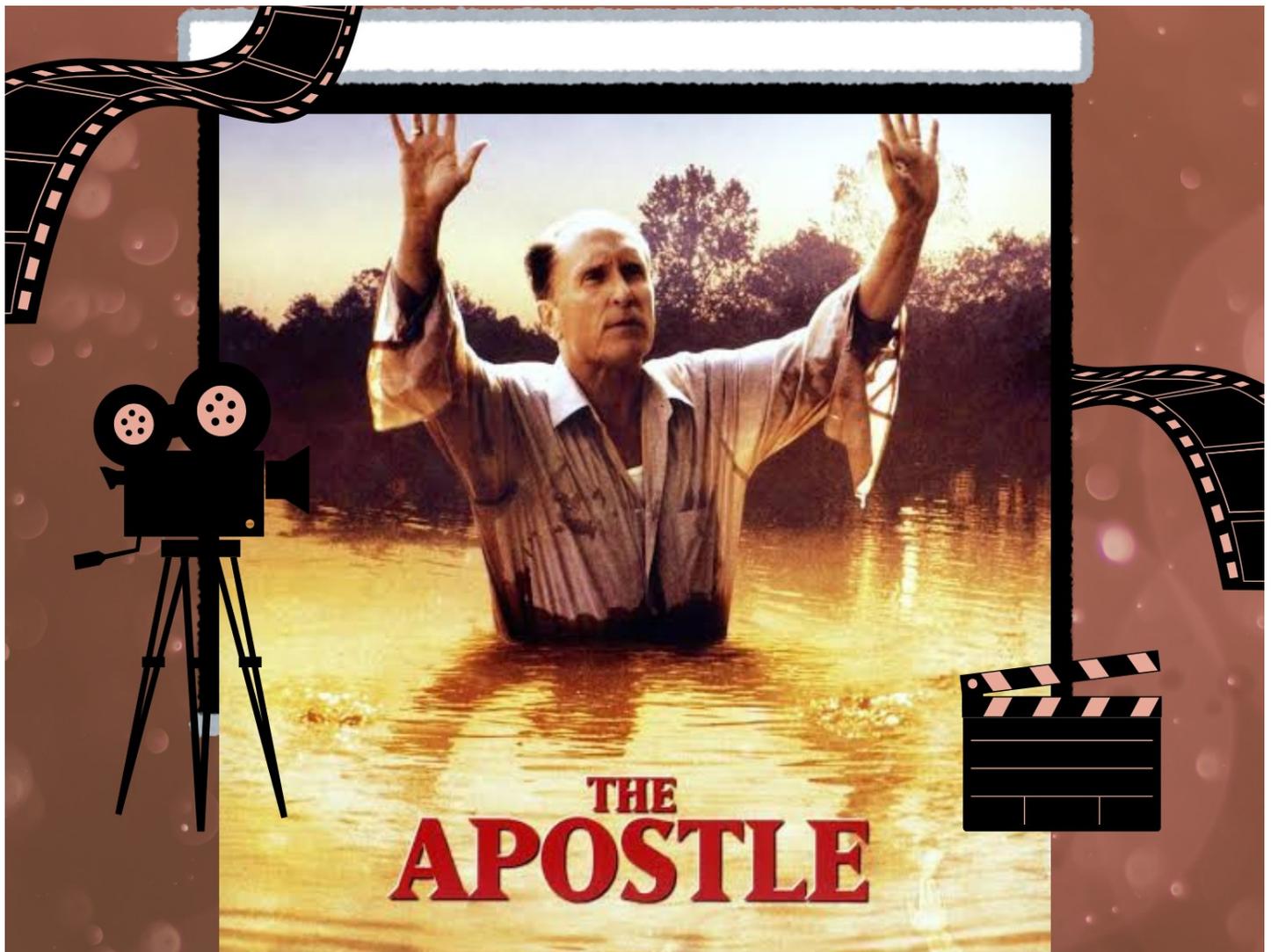
Diversity

March is Endometriosis Awareness month. **What is endometriosis?**

Endometriosis is a condition where tissue that is similar to the lining of your uterus grows on other parts of your body. When this tissue grows in the wrong places, it can cause painful symptoms that can impact not only your menstrual cycle but also your daily life. Some people with endometriosis have trouble getting pregnant due to scarring and fallopian tube blockage as well.

Endometriosis is a common condition that affects women worldwide.

(If you would like to know more information about Endometriosis there are packets available on our welcome center provided by Erynn Ford).



AFTER SONNY (ROBERT DUVAL), AN ECCENTRIC PENTECOSTAL PREACHER, LEARNS THAT HIS WIFE IS HAVING AN AFFAIR, HE BEATS HER LOVER INTO A COMA AND FLEES THE STATE OF TEXAS. NOW IN A SMALL LOUISIANA TOWN, SONNY GOES BY THE NAME OF "APOSTLE E.F." AND OPENS A NEW CHURCH WITH THE HELP OF A RETIRED REVEREND (JOHN BEASLEY). WHILE BATTLING PERSONAL DEMONS AND INJECTING NEW LIFE INTO HIS CONGREGATION, SONNY DATES A RADIO STATION WORKER (MIRANDA RICHARDSON) AND SEARCHES FOR PEACE IN HIS NEW LIFE.

WEDNESDAY
3/11/2026
5:30 PM





ST. PAUL'S
EPISCOPAL CHURCH

Contemporary Anishinaabe Art: A Continuation

Please join us on Saturday, March 21 as we travel to
the Detroit Institute of Art.

Meeting time at St. Paul's - 9AM

Meeting time at DIA - 1015AM

St. Paul's Episcopal Church

711 S Saginaw St

Flint, MI 48502

Detroit Institute of Arts

5200 Woodward Avenue

Detroit, MI 48202



Holy Week

At St. Paul's Episcopal Church
711 S. Saginaw St., Flint, MI 48502

Palm Sunday

March 29, 2026 10:00 A.M.
Blessing and Processions begins in Barth Hall,
Holy Eucharist continues in Sanctuary

Holy Wednesday

April 1, 2026
Holy Eucharist Rite II in the Chapel of the Virgin Mary 12:10 p.m.

Maundy Thursday

April 2, 2026
Holy Eucharist Rite II at 6:30 p.m.
With Foot washing and the stripping of the altar

Good Friday

April 3, 2026
Ecumenical Service, at 12:00 Noon St. Paul's Episcopal Church

The Easter Vigil

April 4, 2026
Lighting of the Pascal Candle 6:30 p.m.

Easter Sunday

April 5, 2026
Holy Eucharist Rite II at 8:00 a.m.
Festival Holy Eucharist at 10:00 a.m.



March's Liturgy Schedule

Dates		Lector 1	Lector 2	Intercessor (Prayers of the People)
1-Mar-2026		Shay Natchez	Sean DeGeorge	Lysa Fischer
8-Mar-2026	G	Elizabeth Jordan	Kim Ramirez	Rajaad Cuthbertson-Twine
15-Mar-2026	B	Mary Hammond	Bob Cuthbertson	Ed Walthers
22-Mar-2026		Sean DeGeorge	Dylan Bade	Pam Bailey
29-Mar-2026	G	Joel Arnold	Lysa Fischer	Justin Wetenhall

Dates		Eucharistic Minister	Crucifer	Verger	8:00 AM
1-Mar-2026		Ed Walthers	Rayna Hauter	Ed Walthers	Tim Grant
8-Mar-2026	G	Max Karpov	Ed Walthers	R. Cuthbertson-Twine	Tamara Oertel
15-Mar-2026	B	Tim Grant	Dylan Baade	Brandon Adams	Ed Walthers
22-Mar-2026		—	Rayna Hauter	Ed Walthers	Rayna Hauter
29-Mar-2026	G	TaMara Oertel	Maddie Cherry	R. Cuthbertson-Twine	Becky Bennett

Anniversaries

03/26	GAGNON, Heather & Robert
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Birthdays

03/01	RAMIREZ, Kim
03/03	HAMILTON-WELCH, Barbara
03/03	LIM, Anita C.
03/08	FORD, Velevia
03/21	BUGBEE, Kenneth
03/22	WHARRY, Tiffani
03/23	INOUE, Susumu
03/25	DONES, Quiara
03/26	HALL, Roy
03/29	MITCHEL-BEREN, Mary
03/30	EMENYONU, Pat



In the Episcopal Church, Lent is a 40-day, solemn season of preparation for Easter, running from Ash Wednesday through Holy Saturday (excluding Sundays). Derived from Old English for "spring," it serves as a penitential time to follow Jesus' 40-day fast in the wilderness through self-examination, repentance, prayer, fasting, and self-denial. February 18th – April 4.

Your Vestry:

(all at stpaulschurchflint.com)

TaMara Oertel, Senior Warden
(Education) (Finance)
(seniorwarden@)

Robert Cuthbertson-Twine, Junior
Warden (*juniorwarden@*) (*Diversity*)
(Robert@)

Jan Bugbee, Treasurer/Clerk of the
Vestry (*Finance*) (*treasurer@*) (*clerk@*)

Rebecca Bennett, Building & Grounds
(Rebecca@)

Karen Schaefer, (Outreach)(karen@)

John Cherry, Chaplain

Rayna Hauter, Recording Secretary
(Rayna@)

Cindy Hall
Shay Natchez

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The Rev. Thomas Manney
Rector

rector@stpaulschurchflint.com

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George Gibson,

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Holly Richardson,

Director of Music (directorofmusic@)

Rafael McDaniel, Gospel Choir Director
(gospel@)

Ed Arter, Organist (organist@)

Terence Whitehead, Sexton

Edythe Peake, Web Editor
(webeditor@stpaulschurchflint.com)

SUBMISSION TO THE EPISTLE

When submitting articles or notices of events to
The Epistle, please submit via e-mail to:
STPOffice@stpaulschurchflint.com.

When sending in articles please make sure they are
in a simple format to copy and paste. Submission
reminders go out on the 15th of every month.
Submission deadlines are the 25th of every month. If
it falls on a Sunday or a Holiday then the deadline
will be due that Friday before.

Thanks!

Worship at St. Paul's

Sunday: 8:00 a.m. & 10:00 a.m.

Wednesday: 12:10 p.m.

The link below will take you to the St. Paul's
Parish Calendar.

<https://stpaulschurchflint.com/elementor-638/>

Remember St. Paul's in your will:

Please consider helping the mission and ministry of St. Paul's by
remembering the church in your will. You can do so by using the
following wording:

"I hereby give, devise, and bequeath to St. Paul's Episcopal Church,
a non-profit church, with the current address of 711 S. Saginaw,
Flint, MI 48502, and its successor, the greater of \$_____, or
_____percentage of my gross estate, to be used in such man-
ner as determined by its vestry."



ST. PAUL'S
EPISCOPAL CHURCH



St. Paul's Episcopal Church
711 South Saginaw St.
Flint, MI 48502